

# March 2021 Breakfast

Breakfast comes with a choice of white milk, a fruit and one of the menu items below

Childs Name:				
Milk Choice:				
Whole		Skim		
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Inservice	Wally's Bagel	Yogurt and Folsom Granola	Folsom Blueberry Muffin	Wally's Bagel
8	9	10	11	12
Wally's Bagel	Folsom Blueberry Muffin	Yogurt and Folsom Granola	Wally's Bagel	Folsom Blueberry Muffin
15	16	17	18	19
Folsom Blueberry Muffin	Wally's Bagel	Yogurt and Folsom Granola	Folsom Blueberry Muffin	Wally's Bagel
22	23	24	25	26
Wally's Bagel	Folsom Blueberry Muffin	Yogurt and Folsom Granola	Wally's Bagel	Folsom Blueberry Muffin
29	30	31	1	2
Folsom Blueberry Muffin	Wally's Bagel	Yogurt and Folsom Granola	Folsom Blueberry Muffin	Wally's Bagel
Daily Snack Options			Breakfast Prices	
<b>Snack: \$1.00/Item Fruit: \$0.75</b>			Full Price: \$1.75	
Cheddar Popcorn			Adult: \$3.00	
Annie's Bunny Grahams			Milk: \$0.50	
Pretzels			Cecile Gove Folsom Nutrition Program Assistant	
Fruit			Ariana Middlemiss Folsom Nutrition Program Manager	
Mozzarella String Cheese			amiddlemiss@gisu.org   (802)372-6600	
Please write the snack items your child would like daily:			ex:1115	
This institution is an equal opportunity provider.				

You may apply for Free and Reduced Breakfast at any point all year

# March 2021 Lunch

Winter Squash is the Harvest of the Month this month!

Childs Name:				
Milk Choice:				
Whole		Skim		
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Inservice	Egg Salad OR Sunbutter & Jelly Sandwiches	Chef's Salad	Turkey OR Sunbutter & Jelly Sandwich	Wally's Bagel OR Sunbutter & Jelly Sandwich
8	9	10	11	12
Tuna OR Sunbutter & Jelly Sandwich	Egg Salad OR Sunbutter & Jelly Sandwiches	Tuna Salad Wraps	Turkey OR Sunbutter & Jelly Sandwich	Wally's Bagel OR Sunbutter & Jelly Sandwich
15	16	17	18	19
Tuna OR Sunbutter & Jelly Sandwich	Egg Salad OR Sunbutter & Jelly Sandwiches	Ham and Cheese Sandwich	Turkey OR Sunbutter & Jelly Sandwich	Parent Teacher Conferences
22	23	24	25	26
Tuna OR Sunbutter & Jelly Sandwich	Egg Salad OR Sunbutter & Jelly Sandwiches	Cucumber Cheddar Wraps	Turkey OR Sunbutter & Jelly Sandwich	Wally's Bagel OR Sunbutter & Jelly Sandwich
29	30	31	1	2
Tuna OR Sunbutter & Jelly Sandwich	Egg Salad OR Sunbutter & Jelly Sandwiches	Pesto Pasta	Turkey OR Sunbutter & Jelly Sandwich	Wally's Bagel OR Sunbutter & Jelly Sandwich
<b>Daily Hot Lunch Alternatives</b>	<b>Lunch Prices</b>	<b>Breakfast Price</b>		
Everyday: Sunbutter & Jelly Sandwich (SB&J)	Full Price: \$2.90	Full Price: \$1.75		
Monday: Tuna Fish Sandwich	Adult: \$4.10	Adult: \$3.00		
Tuesday: Egg Salad Sandwich	Milk: \$0.50	Milk: \$0.50		
Wednesday: Ham and Cheese Sandwich	Cecile Gove Folsom Nutrition Program Assistant			
Thursday: Turkey Sandwich	Ariana Middlemiss Folsom Nutrition Program Manager			
Friday: Wally's Bagel w/cream cheese or sunbutter	amiddlemiss@gisu.org   (802)372-6600 ex:1115			
<b>You may apply for Free and Reduced Lunches at any point all year</b>				

