

April 2021 Breakfast

Breakfast comes with a choice of white milk, a fruit and one of the menu items below

Childs Name:

| Milk Choice: | | Whole | Skim | | |
|-------------------------|-------------------------|---------------------------|-------------------------|---------------|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | |
| 5 | 6 | 7 | 8 | 9 | |
| Folsom Blueberry Muffin | Wally's Bagel | Yogurt and Folsom Granola | Folsom Blueberry Muffin | Wally's Bagel | |
| 12 | 13 | 14 | 15 | 16 | |
| Wally's Bagel | Folsom Blueberry Muffin | Yogurt and Folsom Granola | Wally's Bagel | Folsom Muffin | |
| 19 | 20 | 21 | 22 | 23 | |

Spring Break

| 26 | 27 | 28 | 29 | 30 |
|---------------|-------------------------|---------------------------|---------------|---------------|
| Wally's Bagel | Folsom Blueberry Muffin | Yogurt and Folsom Granola | Wally's Bagel | Folsom Muffin |

| Daily Snack Options | | Breakfast Prices | | You may apply for Free and Reduced Breakfast at any point all year |
|---|--|--|--|--|
| Snack: \$1.00/Item Fruit: \$0.75 | | Full Price: \$1.75 | | |
| Cheddar Popcom | | Adult: \$3.00 | | |
| Annie's Bunny Grahams | | Milk: \$0.50 | | |
| Pretzels | | Cecile Gove Folsom Nutrition Program Assistant | | |
| Fruit | | Ariana Middlemiss Folsom Nutrition Program Manager | | |
| Mozzarella String Cheese | | amiddlemiss@gisu.org (802)372-6600 ex:1115 | | |
| Please write the snack items your child would like daily: | | | | |

This institution is an equal opportunity provider.

April 2021 Lunch

Childs Name:

| Milk Choice: | | Whole | Skim | | |
|------------------------------------|---|-------------|--------------------------------------|---|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | |
| 5 | 6 | 7 | 8 | 9 | |
| Tuna OR Sunbutter & Jelly Sandwich | Egg Salad OR Sunbutter & Jelly Sandwiches | Chefs Salad | Turkey OR Sunbutter & Jelly Sandwich | Wally's Bagel OR Sunbutter & Jelly Sandwich | |
| 12 | 13 | 14 | 15 | 16 | |
| Tuna OR Sunbutter & Jelly Sandwich | Egg Salad OR Sunbutter & Jelly Sandwiches | Pasta Salad | Turkey OR Sunbutter & Jelly Sandwich | Wally's Bagel OR Sunbutter & Jelly Sandwich | |
| 19 | 20 | 21 | 22 | 23 | |

Spring Break

| 26 | 27 | 28 | 29 | 30 |
|------------------------------------|---|-----------------------|--------------------------------------|---|
| Tuna OR Sunbutter & Jelly Sandwich | Egg Salad OR Sunbutter & Jelly Sandwiches | Ham & Cheese Sandwich | Turkey OR Sunbutter & Jelly Sandwich | Wally's Bagel OR Sunbutter & Jelly Sandwich |

| Daily Hot Lunch Alternatives | Lunch Prices | Breakfast Price |
|---|--|--------------------|
| Everyday: Sunbutter & Jelly Sandwich (SB&J) | Full Price: \$2.90 | Full Price: \$1.75 |
| Monday: Tuna Fish Sandwich | Adult: \$4.10 | Adult: \$3.00 |
| Tuesday: Egg Salad Sandwich | Milk: \$0.50 | Milk: \$0.50 |
| Wednesday: Ham and Cheese Sandwich | Cecile Gove Folsom Nutrition Program Assistant | |
| Thursday: Turkey Sandwich | Ariana Middlemiss Folsom Nutrition Program Manager | |
| Friday: Wally's Bagel w/cream cheese or sunbutter | amiddlemiss@gisu.org (802)372-6600 ex:1115 | |

You may apply for Free and Reduced Lunches at any point all year

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