



Folsom Education and Community Center May 2022 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Ravioli	Apple Island Chicken	Bagel and Yogurt	TACO TUESDAY	Sloppy Joes
9	10	11	12	13
BUFFALO CHICKEN WRAPS	Chef Salad	Chili	Pasta Alfredo	IN-SERVICE
16	17	18	19	20
Veggie Stir Fry	STROGANOFF	Honey Garlic Pork Chops with rice	CHEESE & PEPPERONI PIZZA	Shepard's Pie
23	24	25	26	27
SWEET POTATOE TURKEY SKILLET	Pesto Pasta	Chicken and Biscuits	BURGERS & TOTS	Mac & Trees
30	31	1	2	3
MEMORIAL DAY	Chicken Noodle soup & Grilled Cheese	SPAGHETTI W/ MEAT SAUCE	DUFFY'S SPECIAL	Hot Turkey Sandwiches with Mashed Potatoes
Daily Hot Lunch Alternatives		Lunch Prices	Breakfast Prices	You may apply for Free and Reduced Lunches all year
Everyday: Sunbutter & Jelly Sandwich		Full Price: \$3.00	Full Price: \$1.85	
Monday: Tuna Fish Sandwich		Adult: \$4.75	Adult: \$3.00	
Tuesday: Egg Salad Sandwich		Milk: \$0.50	Milk: \$0.50	
Wednesday: Ham and Cheese Sandwich				
Thursday: Turkey Sandwich		Cecile Gove Folsom Nutrition Professional		
Friday: Wally's Bagel w/cream cheese or sunbutter				
This institution is an equal opportunity provider.				