

THERAPIST AND PSYCHIATRIST RESOURCES

***This is a list of some local agencies and practitioners provided for your convenience only. Colchester High School has not vetted nor do we recommend any particular practitioner. Please do your own research and make decisions accordingly. Your Primary Care Physician or Insurance Company may have specific suggestions.

***You may have to leave a message on a general voice mail system for someone to call you back. It may be helpful to continue calling others on the list if you do not hear back or if there are not openings.

****If you have a mental health crisis and live in Chittenden County, contact First Call at
1-802-488-7777**

****If you have a mental health crisis and live in Grand Isle or Franklin Counties, contact North-
western Counseling & Support Services (NCSS) at 1-802-524-6554 or 1-800-834-7793**

Child/Adolescent Psychiatrists

Otter Creek Associates- Burlington- 865-3450

Otter Creek Associates- Essex Jct.- 288-1087

Doug Dennett, MD- Essex Jct.- 879-9263

Champlain Valley Psychiatry Services- South Burlington- 658-0886

UVM Medical Center Child Psychiatry- Burlington- 847-4563

Child, Adolescent, and Family Counseling Centers and Counselors

Allison Prine (Optima)- Burlington- 651-9898

Amy Caldwell- South Burlington- 391-4061

Amy Powland- Burlington- 356-1087

Associates at the Gables- Williston- 876-1100

Associates in Psychology- Burlington- 863-6114

Associates in Psychotherapy and Family Counseling- South Burlington- 658-4208

Behavior Therapy and Psychotherapy Center of UVM- Burlington- 656-2661

Cedar Brook Associates- Williston- 879-5333

Center for Child, Youth and Families at Fletcher Allen- Burlington- 847-4563

Centerpoint Adolescent Treatment Services- South Burlington 488-7711

Cornerstone Psychotherapy- Burlington- 862-7876

Counseling Connection- Colchester- 264-5333 (Jason Gamelin etc.)

Crossroads/Matrix Health- Essex Jct.- 288-1087

Christian Diamond-(802) 560-3189

Evolution Psychotherapy- Michael Sheppard- Colchester 488-0448

The Growth Center- Essex Jct.- 879-1207

Howard Center- Child, Youth and Family Services- Burlington- 488-6600

Jennifer Kerns (Oasis Counseling and Consultation)- Colchester- 781-392-9969

Julie Leaf- Burlington- 802-324-6242

Katie Cate- Winooski- 860-8403

Networks, Inc.- Burlington- 863-2495

Mansfield Psychotherapy Institute- Burlington- 863-9079

Meridian- Essex (802) 489-7235

Michael Gilman- Burlington- 392-4105

Nina La Rosa -(802) 431-0903

New England Counseling and Trauma Center- Williston- 878-4990

Nicolas Nyirjesy, Colchester- (802) 613-0968

Northeastern Family Institute- South Burlington- 658-0040

Otter Creek Associates- Burlington- 865-3450

Partners in Psychiatry- Williston- 876-4000

Sarah Normandin- Burlington- 999-9257

Sarah Mason- 802-881-7484

Spectrum Youth and Family Services- Burlington- 862-5396

Stillwater Counseling Center- Winooski- 654-7600

Stonehouse Associates- South Burlington- 654-7607