

K-4 April 2021 Breakfast

Breakfast comes with a choice of white milk, a fruit and one of the menu items below

Childs Name:

Milk Choice:				
Whole		Skim		
Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
Egg & Cheese Wrap	Folsom Muffin	Yogurt and Folsom Granola	Wally's Bagel	Egg & Cheese Wrap
12	13	14	15	16
Folsom Muffin	Sausage Egg and Cheese on an English Muffin	Yogurt and Folsom Granola	Sausage Egg and Cheese on an English Muffin	Wally's Bagel
19	20	21	22	23

Spring Break

26	27	28	29	30
Folsom Muffin	Egg & Cheese Wrap	Yogurt and Folsom Granola	Egg & Cheese Wrap	Wally's Bagel

Daily Snack Options	Breakfast Prices	<p><i>You may apply for Free and Reduced Breakfast at any point all year</i></p>
Snack: \$1.00/Item Fruit: \$0.75	Full Price: \$1.75	
Cheddar Popcorn	Adult: \$3.00	
Annie's Bunny Grahams	Milk: \$0.50	
Pretzels	Cecile Gove Folsom Nutrition Program Assistant	
Fruit	Ariana Middlemiss Folsom Nutrition Program Manager	
Mozzarella String Cheese	amiddlemiss@gisu.org (802)372-6600 ex:1115	
Please write the snack items your child would like daily:		

This institution is an equal opportunity provider.

K-4 April 2021 Lunch

Childs Name:

Milk Choice:									
Whole					Skim				
Monday		Tuesday		Wednesday		Thursday		Friday	
5		6		7		8		9	
Tuna OR Sunbutter & Jelly Sandwich	Taco Monday!	Egg Salad OR Sunbutter & Jelly Sandwiches	Mac and Trees	Chefs Salad		Turkey OR Sunbutter & Jelly Sandwich	BBQ Chicken w/ Cole Slaw	Wally's Bagel OR Sunbutter & Jelly Sandwich	Tomatoe Soup with Bread
12	13	14	15	16	17	18	19	20	21
Tuna OR Sunbutter & Jelly Sandwich	Chicken Fajitas	Egg Salad OR Sunbutter & Jelly Sandwiches	Turkey Deessing Casserole	Pasta Salad		Turkey OR Sunbutter & Jelly Sandwich	Minestrone Soup w/ Crackers	Wally's Bagel OR Sunbutter & Jelly Sandwich	Cheese and Pepperoni Pizza
24	25	26	27	28	29	30	31	1	2

Spring Break

26	27	28	29	30
Tuna OR Sunbutter & Jelly Sandwich	Apple Island Chicken w/Rice	Egg Salad OR Sunbutter & Jelly Sandwiches	Taco Tuesday!	Ham & Cheese Sandwich
				Turkey OR Sunbutter & Jelly Sandwich
				Burgers & Tots
				Wally's Bagel OR Sunbutter & Jelly Sandwich
				Veggie Lo Mein

Daily Hot Lunch Alternatives	Lunch Prices	Breakfast Prices
Everyday: Sunbutter & Jelly Sandwich (SB&J)	Full Price: \$2.90	Full Price: \$1.75
Monday: Tuna Fish Sandwich	Adult: \$4.10	Adult: \$3.00
Tuesday: Egg Salad Sandwich	Milk: \$0.50	Milk: \$0.50
Wednesday: Ham and Cheese Sandwich	Cecile Gove Folsom Nutrition Program Assistant	
Thursday: Turkey Sandwich		
Friday: Wally's Bagel w/cream cheese or sunbutter	Ariana Middlemiss Folsom Nutrition Program Manager amiddlemiss@gisu.org (802)372-6600 ex:1115	

You may apply for Free and Reduced Lunches at any point all year

This institution is an equal opportunity provider.