

5-8 B February 2021 Breakfast

Breakfast comes with a choice of white milk, a fruit and one of the menu items below

Childs Name:				
Milk Choice: Whole Skim				
Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26

February Break

Daily Snack Options	Breakfast Prices	You may apply for Free and Reduced Breakfast at any point all year
Snack: \$1.00/Item Fruit: \$0.75	Full Price: \$1.75	
Cheddar Popcorn	Adult: \$3.00	
Annie's Bunny Grahams	Milk: \$0.50	
Pretzels	Cecile Gove Folsom Nutrition Program Assistant	
Fruit	Ariana Middlemiss Folsom Nutrition Program Manager	
Mozzarella String Cheese	amidlemis@gisu.org (802)372-6600	
Please write the snack items your child would like daily:	ex:1115	
This institution is an equal opportunity provider.		

5-8 B February 2021 Lunch

Winter Squash is this month's Harvest of the Month this month!

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Milk Choice: Whole Skim				
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February Break

Daily Hot Lunch Alternatives	Lunch Prices	Breakfast Prices	You may apply for Free and Reduced Lunches at any point all year
Everyday: Sunbutter & Jelly Sandwich (S&J)	Full Price: \$2.90	Full Price: \$1.75	
Monday: Tuna Fish Sandwich	Adult: \$4.10	Adult: \$3.00	
Tuesday: Egg Salad Sandwich	Milk: \$0.50	Milk: \$0.50	
Wednesday: Ham and Cheese Sandwich	Cecile Gove Folsom Nutrition Program Assistant		
Thursday: Turkey Sandwich	Ariana Middlemiss Folsom Nutrition Program Manager		
Friday: Wally's Bagel w/cream cheese or sunbutter	amidlemis@gisu.org (802)372-6600 ex:1115		
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