

# 5-8 A February 2021 Breakfast

Breakfast comes with a choice of white milk, a fruit and one of the menu items below

Childs Name:

Milk Choice:

Whole Skim

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Folsom Granola & Yogurt	Wally's Bagel	Yogurt and Folsom Granola	Wally's Bagel	Wally's Bagel
8	9	10	11	12
Folsom Blueberry Muffin	Folsom Blueberry Muffin	Yogurt and Folsom Granola	Sausage Egg and Cheese on an English Muffin	Folsom Blueberry Muffin
15	16	17	18	19
Bacon, Egg & Cheese Wrap	Wally's Bagel	Yogurt and Folsom Granola	Wally's Bagel	Wally's Bagel
22	23	24	25	26

## February Break

Daily Snack Options	Breakfast Prices
<b>Snack: \$1.00/Item Fruit: \$0.75</b> Cheddar Popcom Annie's Bunny Grahams Pretzels Fruit Mozzarella String Cheese Please write the snack items your child would like daily:	Full Price: \$1.75 Adult: \$3.00 Milk: \$0.50 Cecile Gove Folsom Nutrition Program Assistant Ariana Middlemiss Folsom Nutrition Program Manager amiddlemiss@gisu.org   (802)372-6600 ex:1115

You may apply for Free and Reduced Breakfast at any point all year

This institution is an equal opportunity provider.

# 5-8 A February 2021 Lunch

Winter Squash is this month's Harvest of the Month this month!

Childs Name:

Milk Choice:

Whole Skim

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
VT Apple French Toast Bake	Egg Salad OR Sunbutter & Jelly Sandwiches	Chicken Salad Wrap	Turkey Chili w/ Combread	Wally's Bagel OR Sunbutter & Jelly Sandwich
8	9	10	11	12
Chicken Fajitas	Egg Salad OR Sunbutter & Jelly Sandwiches	Ham and Cheese Wrap	Korean Beef with Rice	Wally's Bagel OR Sunbutter & Jelly Sandwich
15	16	17	18	19
Beef Stroganoff	Egg Salad OR Sunbutter & Jelly Sandwiches	Cold Sesame Noodles	Burgers & Tots w/Winter Squash	Wally's Bagel OR Sunbutter & Jelly Sandwich
22	23	24	25	26

## February Break

Daily Hot Lunch Alternatives	Lunch Prices	Breakfast Price
Everyday: Sunbutter & Jelly Sandwich (SB&J)	Full Price: \$2.90	Full Price: \$1.75
Monday: Tuna Fish Sandwich	Adult: \$4.10	Adult: \$3.00
Tuesday: Egg Salad Sandwich	Milk: \$0.50	Milk: \$0.50
Wednesday: Ham and Cheese Sandwich	Cecile Gove Folsom Nutrition Program Assistant	
Thursday: Turkey Sandwich	Ariana Middlemiss Folsom Nutrition Program Manager amiddlemiss@gisu.org   (802)372-6600 ex:1115	
Friday: Wally's Bagel w/cream cheese or sunbutter		

**You may apply for Free and Reduced Lunches at any point all year**

This institution is an equal opportunity provider.