

5-8 A April 2021 Breakfast

Breakfast comes with a choice of white milk, a fruit and one of the menu items below

Childs Name:

Milk Choice: Whole Skim

Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
Egg & Cheese Wrap	Wally's Bagel	Yogurt and Folsom Granola	Wally's Bagel	Wally's Bagel
12	13	14	15	16
Folsom Muffin	Folsom Blueberry Muffin	Yogurt and Folsom Granola	Sausage Egg and Cheese on an English Muffin	Folsom Muffin
19	20	21	22	23

Spring Break

26	27	28	29	30
Folsom Muffin	Folsom Blueberry Muffin	Yogurt and Folsom Granola	Egg & Cheese Wrap	Folsom Muffin

Daily Snack Options

Snack: \$1.00/Item Fruit: \$0.75
 Cheddar Popcom
 Annie's Bunny Grahams
 Pretzels
 Fruit
 Mozzarella String Cheese
 Please write the snack items your child would like daily:

Breakfast Prices

Full Price: \$1.75
 Adult: \$3.00
 Milk: \$0.50
 Cecile Gove Folsom Nutrition Program Assistant
 Ariana Middlemiss Folsom Nutrition Program Manager
 amiddlemiss@gisu.org | (802)372-6600 ex:1115

You may apply for Free and Reduced Breakfast at any point all year

This institution is an equal opportunity provider.

5-8 A April 2021 Lunch

Childs Name:

Milk Choice: Whole Skim

Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
Taco Monday!	Egg Salad OR Sunbutter & Jelly Sandwiches	Chefs Salad	BBQ Chicken w/ Cole Slaw	Wally's Bagel OR Sunbutter & Jelly Sandwich
12	13	14	15	16
Chicken Fajitas	Egg Salad OR Sunbutter & Jelly Sandwiches	Pasta Salad	Minestrone Soup w/ Crackers	Wally's Bagel OR Sunbutter & Jelly Sandwich
19	20	21	22	23

Spring Break

26	27	28	29	30
Apple Island Chicken w/Rice	Egg Salad OR Sunbutter & Jelly Sandwiches	Ham & Cheese Sandwich	Burgers & Tots	Wally's Bagel OR Sunbutter & Jelly Sandwich

Daily Hot Lunch Alternatives

	Lunch Prices	Breakfast Price
Everyday: Sunbutter & Jelly Sandwich (SB&J)	Full Price: \$2.90	Full Price: \$1.75
Monday: Tuna Fish Sandwich	Adult: \$4.10	Adult: \$3.00
Tuesday: Egg Salad Sandwich	Milk: \$0.50	Milk: \$0.50
Wednesday: Ham and Cheese Sandwich	Cecile Gove Folsom Nutrition Program Assistant	
Thursday: Turkey Sandwich	Ariana Middlemiss Folsom Nutrition Program Manager amiddlemiss@gisu.org (802)372-6600 ex:1115	
Friday: Wally's Bagel w/cream cheese or sunbutter		

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