

Patriot Press Weekly

February 8, 2018

Folsom Education and Community Center

75 South Street, South Hero, VT 05486 802-372-6600

Website: <http://www.gisu.org/folsom>

Facebook Page: <http://www.Facebook.com/FolsomECC>

Susan McKelvie, Principal

susmcke@gisu.org

Sue McNayr, Admin Assistant

susmcna@gisu.org



Be a Folsom Hero!

From the Staff

We hope everyone enjoyed the midweek snow day. When you live in the northern climes, it's wonderful to have snow for winter play. Unfortunately, the snowstorm coincided with our first middle-level ski trip. Students will be extra ready next Wednesday, Feb. 14, when they head to Smugglers Notch for their first ski lessons. The cancellation of school and our field trip means we will use our make-up day for the middle-level trip. So, the 5th-8th ski trip will take place Feb. 14, and March 7 and March 14. The independent town ski club for grades 1-4 continues on Feb. 14 as well.

Also buzzing through the hallways at Folsom was news that the spring musical will be "The Lion King." Directors Gina Fearn and Justin Gardner announced that auditions will be held Feb. 19-20 after school, and all students in grades 5-8 are encouraged to tryout. The musical has room for everyone, whether it be a performing role, set design, stage crew or tech. Students will challenge themselves artistically while working with an ensemble. After last year's incredible "Singin' in the Rain," we can't wait for this spring's show.

The kindergarten class and Mrs. Couture were excited to publish a book of their growing math skills. Wow! It's amazing to see the change in kindergartners from September to February, and their pride in their learning is the best part. The class was so excited about their book they decided to send it to Ms. McKelvie to share with her the great work that they are doing. Congratulations, kindergarteners!

Finally, Folsom Spirit Week is almost here. We will celebrate our Folsom-ness the final week before February vacation, Feb. 19-23. We have planned dress-up days, the annual 8th grade vs. staff basketball game and a few surprises to remind us how fun it is to be young - or young at heart - and enjoy the company of your schoolmates.

With warm wishes,
Julie Pidgeon
julpidg@gisu.org

Upcoming Events

February

- 9 NO SCHOOL/Parent Teacher Conferences
- 14 Ski Day
- 26-3/2 NO SCHOOL Winter Recess

March

- 3 Town Meeting
- 6 Election Day
- 7 Ski Day
- 13 Grades 5-8 Science Fair
- 14 Ski Day

April

- 16-20 Smarter Balanced Assessments (SBAC's)
- 23-27 NO SCHOOL Spring Recess
- 30- May 4 Smarter Balanced Assessments (SBAC's)

May

- 4/30-5/4 Smarter Balanced Assessments (SBAC's)
- 15-17 8th Grade Science state test
- 23-25 5th Grade Science state test

Embrace the Winter with a Family Snowshoe Hike – This Saturday!

Please join the South Hero Land Trust and RiseVT on Saturday, February 10 from 9:30 a.m. to 11:30 a.m. for a snowshoe hike at the Round Pond Natural Area.

This event is a FREE family-friendly event! Contact South Hero Land Trust if you need to borrow a pair of snowshoes. *Location: East Shore Road. Information: risevt.com. RSVP: SHLT.org*

Prevent Child Abuse Vermont SAFE-T video contest

In guidance class, our seventh graders have been busy working on their SAFE-T videos which, with parent permission will be submitted to the Prevent Child Abuse Vermont SAFE-T video contest. This video project engages students in reflecting on the lessons of SAFE-T which is the curriculum from the Healthy Relationship Project that students have been engaged in during their second trimester guidance classes. Finalists will win \$300 for first place and \$200 for second place.

Puppets in Education Coming to Folsom

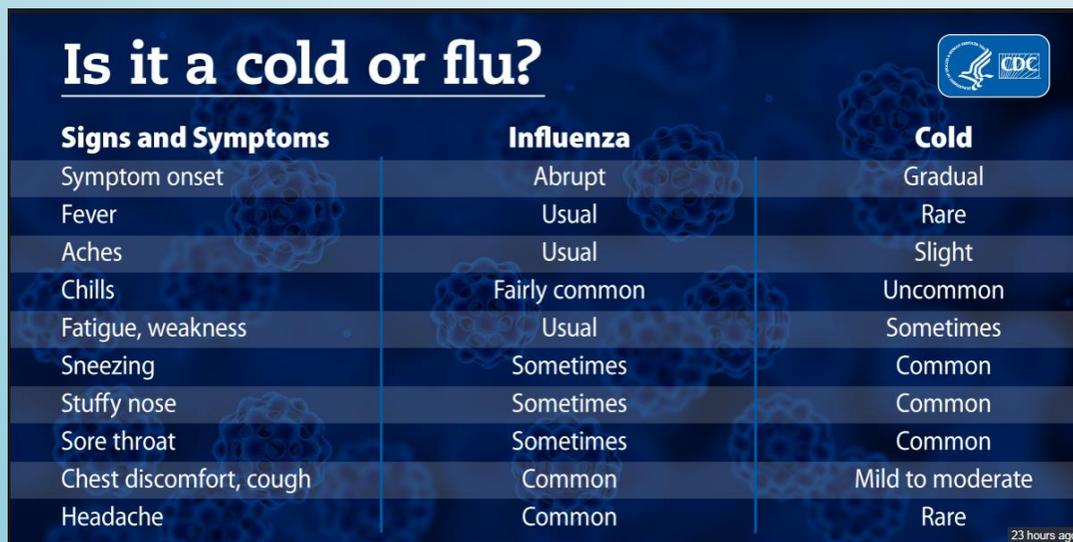
Dear Folsom Families,

We are happy to share with you that Puppets in Education through the Vermont Family Network, will be visiting Folsom on Tuesday February 20th. Puppets in Education is dedicated to teaching children how to keep themselves safe and healthy and to appreciate each other's physical and cultural differences. PIE will be doing a presentation on **Feelings & Bullying Prevention** for our K-2 students and **Learning Differences & Bullying** with our 3-4 students. These performances feature PIE's Kids on the Block Puppets. Grades 3-4 presentation will start at 9:00am followed by grades K-2 at 10:00am. Parents are welcome to attend. More information will be going out closer to the presentation date.

If you have any questions, please call Laurie Barron, Student Support Coordinator, at (802) 372-6600 ex. 1110

Flu Season in Full Swing – Know the Symptoms!

While there have been no confirmed cases of Influenza here at Folsom, the flu has become very wide spread in our area. Below is a chart which you may find helpful in helping determine cold symptoms vs. flu symptoms. As always, if your child (or you!) are feeling unwell, please contact your physician for guidance.



Signs and Symptoms	Influenza	Cold
Symptom onset	Abrupt	Gradual
Fever	Usual	Rare
Aches	Usual	Slight
Chills	Fairly common	Uncommon
Fatigue, weakness	Usual	Sometimes
Sneezing	Sometimes	Common
Stuffy nose	Sometimes	Common
Sore throat	Sometimes	Common
Chest discomfort, cough	Common	Mild to moderate
Headache	Common	Rare

23 hours ago