

Patriot Press Weekly

February 2, 2018

Folsom Education and Community Center

75 South Street, South Hero, VT 05486 802-372-6600

Website: <http://www.gisu.org/folsom>

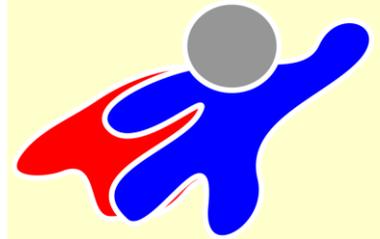
Facebook Page: <http://www.Facebook.com/FolsomECC>

Susan McKelvie, Principal

susmcke@gisu.org

Sue McNayr, Admin Assistant

susmcna@gisu.org



Be a Folsom Hero!

From the Staff

February is a short but exciting month at Folsom School as we prepare for our annual ski trip. Students will be heading to Smugglers Notch Ski Resort for ski lessons and practice on the slopes on Wednesday, Feb. 7, and Feb. 14. In March, the dates are March 7 for both groups and March 14 for grades 1-4. The middle school goes for the whole day, and the trip is school-run. The 1-4 students ski through the town Recreation Committee ski club, and they leave school at midday for lessons and one hour of practice at the end of the day. The coordinator for the 1-4 Ski Club, Maia Jensen, will be in touch with the families of students who have signed up with the details of your student's day. The middle school team also will send out information on their plans for the day. Be sure to have your child dress in layers and bring a bag lunch! School bagged lunch is available. Send a note in with your child if a bag lunch is needed for the day. We appreciate the opportunity to give students a chance to learn a lifelong sport that can make the winter days here in Vermont pass more quickly.

Parent conferences take place on Friday, Feb. 9, and there will be no school for students while teachers take time to touch base with families. Involvement in your child's education is an essential ingredient to success, and open communication between teachers and families is an important component. We encourage you to sign-up for a conference. It's also worth pointing out, though, that we are here for you and your child all year, and we want to hear from you whenever you have a question or concern. Reach out any time!

Finally, we as a staff want to acknowledge the tremendous job Ms. McKelvie has done since arriving at Folsom as our principal this year. She shared with the community last week that she has been diagnosed with breast cancer, and as a result, she will be taking a leave of absence for the rest of the school year to undergo treatment. We will miss her calm, encouraging leadership! In a short time, she has made a positive impact on our school. We are filled with gratitude and wish she did not have to make this journey. But we know she needs this time to take care of herself, and we want you to know that we are committed to making sure school continues to run smoothly for our students and families. Superintendent Don Van Nostrand is in charge, and our routines continue. We are fortunate to have a wonderful school community that pulls together in times of need. This is one of those times, and we thank all of you for your support.

With warm wishes,

Julie Pidgeon

julpidg@gisu.org

Upcoming Events

February

- 7 Ski Day
- 9 NO SCHOOL/Parent Teacher Conferences
- 14 Ski Day
- 26-3/2 NO SCHOOL Winter Recess

March

- 3 Town Meeting
- 6 Election Day
- 7 Ski Day
- 13 Grades 5-8 Science Fair
- 14 Ski Day (grades 1-4, makeup day for 5-8 if needed)

April

- 23-27 NO SCHOOL Spring Recess

Embrace the Winter with a Family Snowshoe Hike

Please join the South Hero Land Trust and RiseVT on Saturday, February 10 from 9:30 a.m. to 11:30 a.m. for a snowshoe hike at the Round Pond Natural Area.

This event is a FREE family-friendly event! Contact South Hero Land Trust if you need to borrow a pair of snowshoes. *Location: East Shore Road. Information: risevt.com. RSVP: SHLT.org*

Folsom Wellness

The Folsom Wellness committee is looking for input on the Wellness procedures that we are proposing be approved by the GISU district. These are the procedures being followed at Folsom related to nutrition, physical activity and overall health for our students and staff. You can find the document at <http://www.gisu.org/gisufiles/20180119140Folsom%20Wellness%20Committee%202017.pdf>. Please contact Andrew Riegler andrieg@gisu.org or Moretti mmoretti@nmcinc.org with any feedback or questions you have.

It's Parent Conference Time!

Parent Teacher Conferences will be held on February 9th.

Online sign up at: www.ptcfast.com/reg1

Codes for grades K-4, Unified Arts and Special Education as follows:

KINDERGARTEN - COUTURE – Q1E112383

1ST GRADE - MYLER – QC5112386

2ND GRADE – DEGREE – 4H5180139

3RD GRADE – BESSETTE – 4YP147479

4TH GRADE - HOLM – H34112629

FRENCH/BISHOP – A1C15300

PE/RIEGLER – G3216830

GUIDANCE – FISHER – KC4180177

LIBRARY/MEDIA SPECIALIST – THOMA – 9PY180210

SPECIAL EDUCATION – VAUGHN – FJ71173039

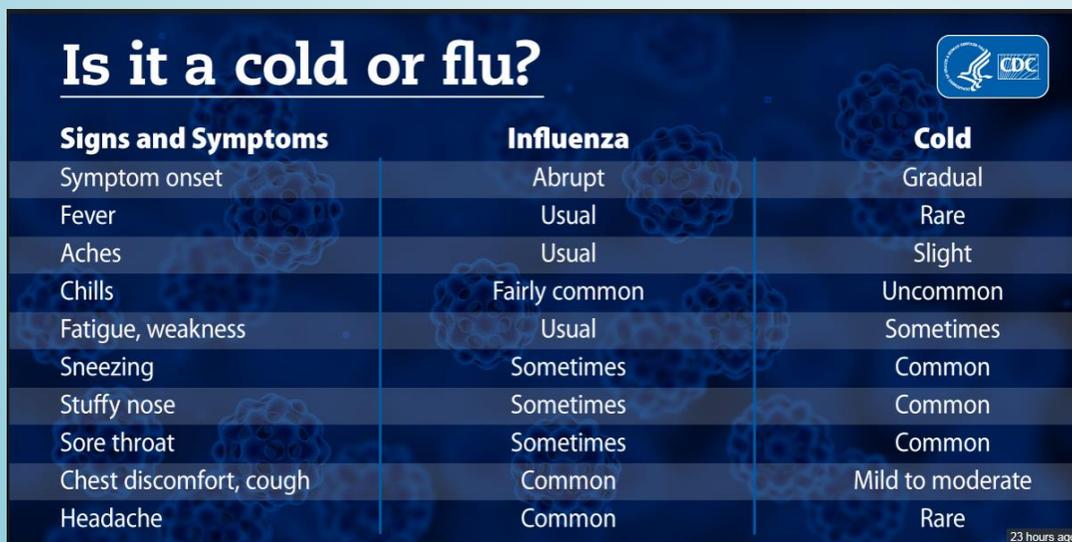
SPECIAL EDUCATION – SAXER – YED1211562

Middle School Parents will be contacted by the Middle School Team regarding conference scheduling.

If you are not able to sign up online, please call Sue at 372-6600.

Flu Season in Full Swing

While there have been no confirmed cases of Influenza here at Folsom, the flu has become very wide spread in our area. Below is a chart which you may find helpful in helping determine cold symptoms vs. flu symptoms. As always, if your child (or you!) are feeling unwell, please contact your physician for guidance.



Signs and Symptoms	Influenza	Cold
Symptom onset	Abrupt	Gradual
Fever	Usual	Rare
Aches	Usual	Slight
Chills	Fairly common	Uncommon
Fatigue, weakness	Usual	Sometimes
Sneezing	Sometimes	Common
Stuffy nose	Sometimes	Common
Sore throat	Sometimes	Common
Chest discomfort, cough	Common	Mild to moderate
Headache	Common	Rare

23 hours ago